

**FIFTY**

**FOUR**

**DAY**

**NOVENA**

## Origin

In an apparition of Our Lady of Pompeii, which occurred in 1884 at Naples, in the house of Commander Agrelli, the heavenly Mother deigned to make known the manner in which she desires to be invoked. For thirteen months Fortuna Agrelli, the daughter of the Commander, had endured dreadful sufferings and torturous cramps. The most celebrated physicians had given up.

On February 16, 1884, the afflicted girl and her relatives commenced a novena of Rosaries. The Queen of the Holy Rosary favoured her with an apparition on March 3<sup>rd</sup>. Mary, sitting upon a high throne, surrounded by luminous figures, held the divine Child on her lap, and in her hand a Rosary. The Virgin Mother and the Holy Infant were clad in gold embroidered garments. They were accompanied by Saint Dominic and Saint Catherine of Siena. The throne was profusely decorated with flowers; the beauty of Our Lady was marvellous.

Mary looked upon the sufferer with maternal tenderness and the patient saluted her with the words: "Queen of the Holy Rosary, be gracious to me; restore me to health! I have already prayed to thee in a novena O Mary, but have not yet experienced thy aid. I am so anxious to be cured!"

"Child", responded the Blessed Virgin, "thou hast invoked me by various titles and hast always obtained favours from me. Now, since thou hast called me by that title so pleasing to me, 'Queen of the Holy Rosary', I can no longer refuse the favour thou dost petition; for this name is most precious and dear to me. Make three novenas, and thou shalt obtain all".

Once more the Queen of the Holy Rosary appeared to her and said: "Whoever desires to obtain favours from me should make three novenas of the prayers of the Rosary, and three novenas in thanksgiving".

This miracle of the Rosary made a very deep impression on Pope Leo XIII, and greatly contributed to the fact that in so many circular letters, he urged all Christians to love the Rosary and say it fervently.

## Method

The 54 Day Rosary Novena consists of five decades of the Rosary each day for 27 days in petition; then immediately five decades each day for 27 days in thanksgiving, whether or not the request has been granted.

The meditations vary from day to day. On the first day meditate on the Joyful Mysteries; on the second day the Sorrowful Mysteries; on the third day the Glorious Mysteries and on the fourth day the Luminous Mysteries; and so on throughout the 54 days.

Follow the format of the prayers for each of the mysteries as outlined in the guide below. This is an arduous novena but it is a novena of love. If you are sincere, you will not find it difficult to obtain your request.

Should you not obtain the favour you seek, be assured that the Rosary Queen, who knows what each one stands most in need of, has heard your prayer. You will not have prayed in vain. No prayer ever went unheard and Our Blessed Lady has never been known to fail.

Look upon each Hail Mary as a rare and beautiful rose which you lay at Mary's feet. These spiritual roses, bound in a wreath with Spiritual Communions, will be a most pleasing and acceptable gift to her and will bring down upon you special graces.

## Common Prayers

### **The Sign of the Cross**

† In the name of the Father and of the Son and of the Holy Spirit. Amen.

### **Glory Be**

† Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

### **The Fatima Prayer<sup>i</sup>**

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.

### **Our Father**

Our Father, who art in Heaven; hallowed be Thy Name; Thy kingdom come; Thy will be done, on Earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary<sup>ii</sup>**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **Apostles' Creed<sup>iii</sup>**

1. I believe in God, the Father almighty, creator of Heaven and Earth.
2. I believe in Jesus Christ, His only Son, our Lord.
3. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.
4. He suffered under Pontius Pilate, was crucified, died and was buried.
5. He descended to the dead. On the third day He rose again.
6. He ascended into Heaven and is seated at the right hand of the Father.
7. He will come again to judge the living and the dead.
8. I believe in the Holy Spirit,
9. the Holy Catholic Church, the communion of saints,
10. the forgiveness of sins,
11. the resurrection of the body,
12. and life everlasting.

Amen.

### **Hail Holy Queen<sup>iv</sup>**

Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope! To thee do we cry poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

*Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.*

*Let us pray:* O God, whose only-begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech you, that meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

### **Prayer to Saint Michael the Archangel<sup>v</sup>**

St Michael the Archangel, defend us in battle; be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray and do thou, O prince of the heavenly host, by the power of God, thrust into Hell Satan and all the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

### **The Memorare<sup>vi</sup>**

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petition, but in thy mercy hear and answer me. Amen.

### **The Litany of the Blessed Virgin Mary**

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ, hear us

God the Father of Heaven

God the Son, Redeemer of the world

God the Holy Spirit

Holy Trinity, One God

Lord, have mercy

Christ, have mercy

Lord, have mercy

Christ, graciously hear us

Have mercy on us

Have mercy on us

Have mercy on us

Have mercy on us

Holy Mary

Holy Mother of God

Holy Virgin of virgins

Mother of Christ

Mother of divine grace

Mother most pure

Mother most chaste

Mother inviolate

Mother undefiled

Mother most amiable

Mother most admirable

Mother of good counsel

Mother of our Creator

Mother of our Saviour

Virgin most prudent

Virgin most venerable

Virgin most renowned

Virgin most powerful

Virgin most merciful

Virgin most faithful

Mirror of justice

Seat of wisdom

Cause of our joy

Spiritual vessel

Vessel of honour

Singular vessel of devotion

Mystical rose

Tower of David

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

Pray for us

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Pray for us

Pray for us

Pray for us

Pray for us

Tower of ivory	Pray for us
House of gold	Pray for us
Ark of the covenant	Pray for us
Gate of Heaven	Pray for us
Morning star	Pray for us
Health of the sick	Pray for us
Refuge of sinners	Pray for us
Comforter of the afflicted	Pray for us
Help of Christians	Pray for us
Queen of Angels	Pray for us
Queen of Patriarchs	Pray for us
Queen of Prophets	Pray for us
Queen of Apostles	Pray for us
Queen of Martyrs	Pray for us
Queen of Confessors	Pray for us
Queen of Virgins	Pray for us
Queen of all Saints	Pray for us
Queen conceived without original sin	Pray for us
Queen assumed into Heaven	Pray for us
Queen of the most Holy Rosary	Pray for us
Queen of Peace	Pray for us

Lamb of God, who takes away the sins of the world	Spare us, O Lord
Lamb of God, who takes away the sins of the world	Graciously hear us, O Lord
Lamb of God, who takes away the sins of the world	Have mercy on us

V. Pray for us, O Holy Mother of God  
R. That we may be made worthy of the promises of Christ

*Let us pray:* Lord God, give to Your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, Your Son, who lives and reigns, with You and the Holy Spirit, one God, forever and ever. Amen.

## The Joyful Mysteries

1 x The Sign of the Cross

1 x Hail Mary

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of snow-white roses, to remind you of your joys. Each ten bound together, recalling to you a joyful mystery, with my petition for a particular grace.

In the 27 days of petition pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

In the 27 days of thanksgiving pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.

### **First Joyful Mystery – The Annunciation**

Sweet Mother Mary, meditating on the Mystery of the Annunciation, when the angel Gabriel appeared to you with the news that you were to become the Mother of God. He greeted you with that sublime salutation, "Hail, full of grace! The Lord is with thee!" and you did humbly submit yourself to the will of the Father, responding: "Behold the handmaid of the Lord. Be it done unto me according to thy word", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these snow-white roses with a petition for the grace of *humility* and humbly lay this bouquet at your feet.

### **Second Joyful Mystery – The Visitation**

Sweet Mother Mary, meditating on the Mystery of the Visitation, when, upon your visit to your holy cousin, Elizabeth, she greeted you with the prophetic utterance, "Blessed art thou among women, and blessed is the fruit of thy womb!" and you answered with that canticle of canticles, the Magnificat, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these snow-white roses with a petition for the grace of *charity towards my neighbour* and humbly lay this bouquet at your feet.

### **Third Joyful Mystery – The Nativity**

Sweet Mother Mary, meditating on the Mystery of the Nativity of Our Lord, when, your time being completed, you brought forth, O holy Virgin, the redeemer of the world in a stable at Bethlehem; whereupon choirs of angels filled the Heavens with their exultant song of praise – “Glory to God in the highest, and on Earth peace to men of goodwill”, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these snow-white roses with a petition for the grace of *detachment from the world* and humbly lay this bouquet at your feet.

### **Fourth Joyful Mystery – The Presentation**

Sweet Mother Mary, meditating on the Mystery of the Presentation, when, in obedience to the Law of Moses, you presented the Child in the temple, where the holy prophet Simeon, taking the Child in his arms, offered thanks to God for allowing him to look upon his Saviour, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these snow-white roses with a petition for the grace of *purity* and humbly lay this bouquet at your feet.

### **Fifth Joyful Mystery – The Finding of the Child Jesus in the Temple**

Sweet Mother Mary, meditating on the Mystery of the Finding of the Child Jesus in the Temple, when, having sought Him for three days, distressed and anxious at His absence, your heart was gladdened when you found Him in the temple speaking to the doctors; and upon your request, He obediently returned home, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these snow-white roses with a petition for the grace of *true wisdom* and humbly lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries

## The Sorrowful Mysteries

1 x The Sign of the Cross

1 x Hail Mary

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of blood-red roses, in remembrance of the passion of your divine Son. Each ten bound together, recalling to you a sorrowful mystery, with my petition for a particular grace.

In the 27 days of petition pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

In the 27 days of thanksgiving pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.

### **First Sorrowful Mystery – The Agony in the Garden**

Sorrowful Mother Mary, meditating on the Mystery of the Agony of Our Lord in the Garden, when, in the grotto of the Garden of Olives, Jesus saw the sins of the world unfolded before Him by Satan, who sought to dissuade Him from the sacrifice He was about to make; when, His soul shrinking from the sight, and His precious blood flowing from every pore at the vision of the torture and death He was to undergo, your own sufferings, dear Mother, the future sufferings of His Church, and His own sufferings in the Blessed Sacrament, He cried in anguish, "Abba! Father! If it be possible, let this chalice pass from Me!"; but, immediately resigning Himself to His Father's will, He prayed, "Not as I will, but as Thou wilt!", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these blood-red roses with a petition for the grace of *uniformity with the will of God* and humbly lay this bouquet at your feet.

### **Second Sorrowful Mystery – The Scourging at the Pillar**

Sorrowful Mother Mary, meditating on the Mystery of the Scourging of Our Lord when, at Pilate's command, your divine Son, stripped and bound to a pillar, was lacerated from head to foot with cruel scourges and His flesh torn away until His mortified body could bear no more, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these blood-red roses with a petition for the grace of *mortifying my senses* and lay this bouquet at your feet.



### **Third Sorrowful Mystery – The Crowning With Thorns**

Sorrowful Mother Mary, meditating on the Mystery of the Crowning of Our Lord with thorns, when, the soldiers, binding about His head a crown of sharp thorns, showered blows upon it, driving the thorns deeply into His head; then, in mock adoration, knelt before Him, crying, “Hail, King of the Jews!”, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these blood-red roses with a petition for the grace of *courage in tough trials* and lay this bouquet at your feet.

### **Fourth Sorrowful Mystery – The Carrying of the Cross**

Sorrowful Mother Mary, meditating on the Mystery of the Carrying of the Cross, when, with the heavy wood of the Cross upon His shoulders, your divine Son was dragged, weak and suffering, yet patient, through the streets, amidst the revilements of the people, to Calvary; falling often, but urged along by the cruel blows of His executioners, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these blood-red roses with a petition for the grace of *patience in adversity* and lay this bouquet at your feet.

### **Fifth Sorrowful Mystery – The Crucifixion**

Sorrowful Mother Mary, meditating on the Mystery of the Crucifixion, when, your divine Son was nailed to the cross, upon which He died after three hours of indescribable agony, during which time He begged His Father forgiveness of His enemies, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these blood-red roses with a petition for the grace of *forgiveness* and lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries

## The Glorious Mysteries

1 x The Sign of the Cross

1 x Hail Mary

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of royal-purple roses, to remind you of your glories. Each ten bound together, recalling to you a glorious mystery, with my petition for a particular grace.

In the 27 days of petition pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

In the 27 days of thanksgiving pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.

### **First Glorious Mystery – The Resurrection**

Glorious Mother Mary, meditating on the Mystery of the Resurrection of Our Lord from the Dead, when, on the morning of the third day after His death and burial, He arose from the dead and appeared to you<sup>vii</sup>, dear Mother, and filled your heart with unspeakable joy; then appeared to the holy women and to His disciples, who adored Him as their risen God, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these royal-purple roses with a petition for the grace of *faith* and lay this bouquet at your feet.

### **Second Glorious Mystery – Ascension**

Glorious Mother Mary, meditating on the Mystery of the Ascension, when your divine Son, after forty days on Earth, went to Mount Olivet accompanied by His disciples, where they adored Him for the last time, after which He promised to remain with them until the end of the world; then, extending His pierced hands over them in a last blessing, He ascended into heaven, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these royal-purple roses with a petition for the grace of *desire for Heaven* and lay this bouquet at your feet.

### **Third Glorious Mystery – The Descent of the Holy Spirit**

Glorious Mother Mary, meditating on the Mystery of the Descent of the Holy Spirit, when, the Apostles being assembled in a house in Jerusalem, the Holy Spirit descended upon them in the form of fiery tongues, inflaming the hearts of the Apostles with the fire of divine love, teaching them all truths and giving to them the gift of tongues, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these royal-purple roses with a petition for the grace of *receiving the Holy Spirit* and lay this bouquet at your feet.

### **Fourth Glorious Mystery – The Assumption of Our Blessed Mother Into Heaven**

Glorious Mother Mary, meditating on the Mystery of your Assumption into Heaven, when, consumed with the desire to be united with your divine Son, your soul departed from your body and united itself to Him, Who, out of the excessive love He bore for you, His Mother, whose virginal body was His first tabernacle, took that body into Heaven and there, amidst the acclaims of the angels and saints, fused into it your soul, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these royal-purple roses with a petition for the grace of *true devotion to you, dear mother*, and lay this bouquet at your feet.

### **Fifth Glorious Mystery – The Coronation of Our Blessed Mother Mary**

Glorious Mother Mary, meditating on the Mystery of your Coronation in Heaven, when, upon being taken up, you were triply crowned as the August Queen of Heaven by God the Father as His beloved daughter, by God the Son as His dearest mother, and by God the Holy Spirit as His chosen spouse; the most perfect adorer of the Blessed Trinity, pleading our cause as our most powerful and merciful mother, through you, I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these royal-purple roses with a petition for the grace of *trust in your intercession* and lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries

## The Luminous Mysteries

1 x The Sign of the Cross

1 x Hail Mary

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of bright-yellow roses, to remind you of the ministry of your Son. Each ten bound together, recalling to you a luminous mystery, with my petition for a particular grace.

In the 27 days of petition pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

In the 27 days of thanksgiving pray: O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.

### **First Luminous Mystery – The Baptism of Jesus in the Jordan River**

Courageous Mother Mary, meditating on the Mystery of the Baptism of Jesus in the Jordan River, when your Son, as an example to all, insisted on being baptised by His cousin John and the sky opened and the Holy Spirit came down to Him like a dove and a voice from Heaven said, "You are my own dear Son in whom I am well pleased", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these bright-yellow roses with a petition for the grace of *openness to the Holy Spirit* and humbly lay this bouquet at your feet.

### **Second Luminous Mystery – The Wedding of Cana**

Courageous Mother Mary, meditating on the Mystery of the First Miracle of Jesus at the Wedding Feast at Cana, when at your urging, your Son performed the first of His many miracles by helping a couple celebrate their marriage, by changing water into wine of such quality that the chief steward upbraided the host by saying, "Usually people serve the best wine first and save the cheaper wine for last, but you have saved the choice wine for last", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these bright-yellow roses with a petition for the grace of *manifestation through faith* and humbly lay this bouquet at your feet.

### **Third Luminous Mystery – The Proclamation of the Kingdom of God**

Courageous Mother Mary, meditating on the Mystery of the Proclamation of the Kingdom of God, when your Son revealed that the reign of God has already begun "within us" and we are called to conversion and forgiveness, praying "Your Kingdom come, Your will be done, on Earth as it is in Heaven," I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these bright-yellow roses with a petition for the grace of *trust in God* and humbly lay this bouquet at your feet.

### **Fourth Luminous Mystery – The Transfiguration**

Courageous Mother Mary, meditating on the Mystery of the Transfiguration, when your Son revealed His glory to His three disciples, appearing on a mountain with Moses and Elijah, His face shining like the sun and a voice from heaven proclaiming, "This is my beloved Son...Listen to him", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these bright-yellow roses with a petition for the grace of *desire for holiness* and humbly lay this bouquet at your feet.

### **Fifth Luminous Mystery – Institution of the Eucharist**

Courageous Mother Mary, meditating on the Mystery of the Institution of the Sacrament of the Eucharist, when on the day before He died your Son celebrated the Passover with His disciples and took bread and gave it to them saying, "Take and eat; this is My body" and when dinner was finished He took a cup of wine and shared it with them saying, "Take and drink; this is My blood, which will be given up for you; do this in memory of Me", I humbly pray...

1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.

Then say: I bind these bright-yellow roses with a petition for the grace of *adoration of the Eucharist* and humbly lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries

## **The Concluding Prayers for all the Mysteries**

The following prayers are said after all the five mysteries for any category are completed. There are four overarching categories (Joyful, Sorrowful, Glorious and Luminous) and five underlying mysteries per category. So take the Joyful Mysteries as an example: Once you have completed The Annunciation, The Visitation, The Birth of Jesus, The Presentation and Finding of the Child Jesus in the Temple, then you pray these concluding prayers. They are not said after each underlying mystery (meaning five times per Rosary), only once at the end of the five. So you end up saying them once a day. Please note that the concluding prayers are the same for any category (Joyful, Sorrowful, Glorious and Luminous).

### **Spiritual Communion**

My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever.

In the 27 days of petition pray: Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favour upon my gift, and in your love obtain for me (specify request here).

In the 27 days of thanksgiving pray: Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (specify request here).

After you have said the above, you conclude with the following:

1 x Hail Mary

1 x Hail Holy Queen

1 x Prayer to St Michael the Archangel

1 x Memorare

1 x The Litany of the Blessed Virgin Mary

1 x Sign of the Cross

## Novena Record

### In Petition

1 J	2 S	3 G	4 L	5 J	6 S	7 G	8 L	9 J
10 S	11 G	12 L	13 J	14 S	15 G	16 L	17 J	18 S
19 G	20 L	21 J	22 S	23 G	24 L	25 J	26 S	27 G

### In Thanksgiving

1 L	2 J	3 S	4 G	5 L	6 J	7 S	8 G	9 L
10 J	11 S	12 G	13 L	14 J	15 S	16 G	17 L	18 J
19 S	20 G	21 L	22 J	23 S	24 G	25 L	26 J	27 S

This document was compiled from varying online sources.

## **End Notes**

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<sup>i</sup> This prayer was not in any original form of the Rosary. Neither in its original scripting to Saint Dominic in 1214 or its official standardisation and approval by Pope Pius V in the 16<sup>th</sup> century. However, most Catholics now add it after each Glory Be, as this was requested by the Blessed Virgin Mary in her apparition at Fatima. There are many English variations to this prayer, with the most common difference being the position of the word “in” to before or after the word “most”. Not much difference here, so feel free to use whatever version you are accustomed to.

<sup>ii</sup> When reciting the Hail Mary, it is important to remember that the first section is in fact straight out of the Holy Bible. “Hail Mary, full of grace, the Lord is with thee” is the Archangel Gabriel’s greeting to Mary – Luke 1:28. The second sentence “Blessed art thou among women and blessed is the fruit of thy womb” is also from the Holy Bible, when Mary’s cousin Elizabeth greets her during the visitation – Luke 1:42. The two most common mispronunciations are the word “among” and the non-pause after the word “womb”. The correct pronunciation is “among” and not “amongst”. Almost every version of the Holy Bible contains the word among, except for the Darby Bible Translation. Section 2676 of the Catechism of the Catholic Church is very clear that the word is among and not amongst. The second common mistake is not pausing after the word womb. This implies that Mary’s womb is called Jesus, rather than the intended meaning, which is the fruit of Mary’s womb is Jesus. It’s nice to say the Hail Mary but it’s even better to correctly reflect on the words.

<sup>iii</sup> The Apostles’ Creed contains 12 articles of faith (an obvious link to the Twelve Apostles, which it is named after). I thought it would be helpful to divide the Creed into the respective articles, as outlined in the Catechism of the Catholic Church. This version is not to be confused with the multitude of variations, which the traditional Apostles’ Creed has.

<sup>iv</sup> When reading the first sentence, most people confuse what they are “hailing”. You are not hailing your life, your sweetness and your hope, those components are actually in reference to our Mother Mary. Although the prayer is read with the second “hail” flowing directly to the phrase “our life”, its true meaning is much better understood if the second “hail” was completely removed. Reread the first sentence without the second “hail”. Please note that the second “hail” must be said but it’s important to understand that the Holy Queen, Mother of Mercy is the one who is in fact our life, our sweetness and our hope, we are not “hailing” those three things.

<sup>v</sup> This is a very powerful prayer written by Pope Leo XIII. However, this is what is referred to as the short version of this particular prayer. The longer version is much more extensive. Pope Leo XIII fainted in a meeting of Cardinals and saw a vision of demons being released from hell, to try and deceive the Holy Catholic Church. He wrote this prayer to combat that vision and enacted that it should be recited at the end of every Low Mass from 1886. This practice continued for 78 years, until it was suppressed in 1964. This version is taken from the official Catholic website. An alternative version, which I’m used to, is the following: *“Holy Michael, Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou Prince of the Heavenly Hosts, by the power of God, thrust down to hell Satan and all other evil spirits who wonder through the world for the ruin of souls. Amen.”* Feel free to use either version, or a version you’re familiar with.

<sup>vi</sup> This prayer derives its name from its first word in Latin “Memorare”, which when translated means Remember. It was popularised in the 17<sup>th</sup> century by Father Claude Bernard, who claims he learnt it from his father. It is frequently misattributed to the 12<sup>th</sup> century Cistercian monk Saint Bernard of Clairvaux. However, its true origins lie in a much longer 15<sup>th</sup> century prayer (Ad sanctitatis tuae pedes, dulcissima Virgo Maria), where it makes its first appearance.

<sup>vii</sup> It is important to note that there is no Biblical evidence that Jesus first appeared to the Virgin Mary. On the contrary, the Biblical evidence stipulates that Jesus first appeared to Mary Magdalene (Mark 9:16). The only reason the mystery is worded in such a way is because many saints and blessed John Paul II all suggest that Jesus would have certainly appeared to the Virgin Mary first, out of respect and love for His mother. It is argued that the Bible’s silence on the matter should be taken to indicate the obviousness of this fact, rather than its falsehood. To be clear, the Catechism of the Catholic Church holds that the first appearance was in fact to Mary Magdalene and not to the Virgin Mary. The suggestion by blessed John Paul II is not dogmatic in nature and is only written to highlight what he believes to be an obvious point but in no way certifies it as a mandatory article of faith.